May 14, 2009

U.S. Army Garrisons Vicenza & Livorno

www.USAG.Vicenza.Army.Mil

Vol. 42, Issue 19



The monthly Up Front will be hosted by USAG Vicenza Commander Col. Erik Daiga Friday, May 15. Topics include safety and Safety Day.

In the studio with Daiga are Frank Marcantonio of the Safety Office and Chris and Lacy Wolff from Outdoor Recreation. Can't get 106 FM on your radio? It will be broadcast on Channel 142 on your AFN decoder.

### **HQ** Relocation

Garrison headquarters has relocated to Bldg. 109, across from Club Veneto / Italian Mensa.

Most phone numbers will remain the same.

### What's Inside

**Garrison news** pages 2 & 3

**Patterns of Success** 

Speak Out: Do you take dietary supplements? Why or why not?

**Community events** pages 4 & 5

**Community Camera: A** snapshot of what's going on at your garrison.

**Community news** pages 6 & 7

**OUT & ABOUT: A listing** of concerts, festivals, markets, and events in the local area

Movie Schedule

BRIEFS: May 20 job fair slated, Take online survey to ensure fair **COLA rates** 

> **Sports** page 8

Cougars sweep two from Saints

CYS baseball, softball off to good start



Spc. Alex Gavor, 2nd Platoon, Bravo "Legion" Company, 1-503rd Infantry Regiment (Airborne), sights a target during a live-fire exercise in Grafenwoehr, Germany, May 5.

### NCOs bring on the stress

by 2nd Lt. JOEY FISHER HHC, 1-503rd

s the working day comes to an end, most paratroopers use personal time to recuperate and prepare for the following day.

This is what Pvt. Kurt Castro, a medic with 1st Battalion (Airborne), 503rd Infantry, 173 rd Airborne Brigade Combat Team was trying to do one night at the Grafenwoehr Training Area, Germany. Until he got the call. . .

"Let's go Castro," said 2nd Lt. Colin Fulbright, the medical platoon leader. "We have a mass casualty situation."

See MASS Page 3

### Paratroopers test mettle at JMTC

by 2nd Lt. JOEY FISHER HHC, 1-503rd

ost people stationed in Vicenza travel to Germany for its scenic landscape and attractions.

But one battalion of paratroopers had a less touristic agenda.

More than 500 Soldiers from 1st Battalion (Airborne), 503rd Infantry departed Caserma Ederle in April for 26 days of intense training in Grafenwoehr, Germany, headquarters of the Joint Multinational Training Command.

"We came to train individual warrior skills and select small unit skills to a very high level," said Battalion Commander Lt. Col. Matthew McFarlane. "We go to Grafenwoehr to take advantage of its world-class training facilities. It's the best place in Europe to train."

McFarlane said the battalion is performing very well and the troops have been excited about the type of training they're receiving.

"Compared to previous rotations, we're receiving more realistic training," said Sgt. Matthew Young of Company A. Young has trained in Grafenwoehr four times before.

The battalion will re-deploy to Caserma Ederle mid-May.

# Vicenza health center upgrades TBI services

ERMC news release

mild Traumatic Brain Injuries significantly improves recovery, and medical officials in Europe are taking steps to improve the chances of early detection and overall

At USAG Vicenza, those steps include an upgrade to a category 3 facility

for the treatment of TBI.

"Currently we have a category 4 Early detection of and treatment for facility, which means we have the capability to provide outpatient medical care for Soldiers with only mild TBI and refer them for additional services, as needed," said Christopher Buscema, chief of orthopedics/physical therapy at the Vicenza health center. "This ERMC

See EARLY DETECTION Page 5

### **Bridge Opening**

The grand reopening of the Debba (Longare) bridge took place May 12. The renovated structure now boasts two lanes—one for vehicular traffic and one for bicycle and pedestrian traffic. Vicenza Mayor Achille Variati (far right) said the reopening was advantageous for all.

Photo courtesy of City of Vicenza

### Hydroxycut recalled, pulled from PX shelves

### FDA: Product linked to 23 deaths; AAFES removal of affected products

ERMC news release

Europe Regional Veterinary Command officials and U.S. Air Force Public Health inspectors are assisting Army and Air Force Exchange personnel to pull over-the-counter dietary supplements from store shelves following a May 1 Food and Drug

See DoD WEB Page 2



FDA photo by Michael Ermarth

# Suspect a TBI? Call care provider today

continued from Page 1

initiative will raise our category level to 3 which means we will be capable of providing medical and rehabilitate care for Soldiers with mild and moderate TBI.

"The plus-up for us comes in Soldiers being the form of six open to testing additional and exams helps contracted providers and us provide the additional best care rehabilitative possible. The equipment," earlier mTBI is explained Buscema, who detected and is also acting as treated, the better the program the outcome. manager for the installation's TBI program.

Maria L. Crane ERMC TBI program manager

said the program does not require a separate facility and will run out of the primary care clinic at the health center

Buscema

Several new staff members are expected to arrive at the health center over the next month to treat Soldiers with TBI. They include a nurse practitioner, nurse case manager, licensed practical nurse, physical therapist, occupational therapist and a neuropsychologist.

The Vicenza Health Center will also receive physical and

occupational the rapy equipment for the erabilitation of TBI patients through August.

"Increasing our TBI capabilities will be a tremendous benefit to our Soldiers," said Buscema. "A

S o l d i e r needing rehabilitation and management for a moderate level TBI can now receive this care in Vicenza as opposed to traveling to LRMC or a stateside facility.

Other category 3 facilities in Europe are located at Bamberg, Baumholder, Schweinfurt and Vilseck, Germany.

Deploying from Europe?
In keeping with the Army's goal of early mTBI detection, plans are underway to ensure that Soldiers deploying from Europe receive a computer-based test that measures

reaction times, short-term memory and other areas that an mTBI can affect.

The test, called the Automated Neuropsychological

is not new.

But the requirement to administer it to all Soldiers is.

Assessment Metrics (ANAM),

"Doctors use a variety of tests to evaluate Soldiers who may have had an mTBI. The ANAM is just one of them," said Maria L. Crane, who holds a doctorate in psychology. Crane is the Europe Regional Medical Command Traumatic Brain Injury program manager. She explained that this test is one of the better tools available to doctors.

Crane said the test takes about 20 minutes to complete.

"It is not an intelligence test. Instead, the results record the Soldier's performance at that time. After an accident, a doctor can order a new test. By comparing the baseline performance to the new test results, the doctor has a better

chance of identifying an mTBI early," Crane said.

"I t's important that Soldiers be as open to testing, medical exams a n d questionnaires as possible, Crane said. "Doing so helps us provide the best and most timely care

possible. This is especially important when considering mTBI. The earlier it is detected and treated, the better the outcome."

She said the best time to identify an mTBI is right after deployment and before block leave, so that early treatment and

Soldier's performance at that recovery can take place during time. After an accident, a doctor can order a new test. By more relaxed.

"My office is establishing testing of all Soldiers so we can comply with the Army surgeon

> general's order making mandatory," Crane said. That includes working with m e d i c a l c l i n i c commanders and staff to educate them on how better to identify Soldiers in need further care

Maria L. Crane ERMC TBI program manager

If you have been

exposed to a

blast, hit your

head and felt

dazed, or been

knocked

unconscious or

think you have an

mTBI, make an

appointment.

ly or referral, she said.

"If you have been exposed to a blast, have hit your head and felt dazed or been knocked unconscious or think you may have an mTBI, make an appointment with your primary care provider for an evaluation," Crane recommended.

# DoD Web site offers Hydroxycut answers, health risks

continued from Page 1

Administration announcement of a voluntary recall of a number of Hydroxycut products. The FDA notice said 23 deaths have been linked to the products.

"We have been tracking the recall in our computerized system that pinpoints where the product was being sold," said Lt. Col. Martin LaGodna, deputy commander, Europe Regional Veterinary Command. He said the product has been placed in well-marked areas away from

store shelves until instructions arrive on how to handle the remaining product.

A notice has been posted on a Defense Department Web site to educate service members on the health risks involved: <a href="http://www.health.mil/">http://www.health.mil/</a> Press/Release.aspx?ID=687.

In Germany, AAFES spokesman Lt. Col. David Konop confirmed that all of the affected products have been removed from AAFES shelves in Europe.

Europe Regional Medical Command leaders are taking steps to educate

Soldiers and their families on the health risks associated with the products.

"I've directed that we push this information out so that people can make a wise choice on what to do with any of these products they may have in their homes," said Col. Richard A. Jordan, deputy commander, Europe Regional Medical Command. Some of the steps, he said, were to ensure that unit commanders were aware of the recall, and to place fliers in waiting rooms in medical treatment facilities.

### RECALLED PRODUCTS INCLUDE:

Hydroxycut Regular Rapid Release Caplets Hydroxycut Caffeine-Free Rapid Release Caplets

Hydroxycut Hardcore Liquid Caplets
Hydroxycut Max Liquid Caplets
Hydroxycut Regular Drink Packets
Hydroxycut Caffeine-Free Drink Packets
Hydroxycut Hardcore Drink Packets (Ignition
Stix) and Hydroxycut Max Drink Packets
Hydroxycut Liquid Shots
Hydroxycut Hardcore RTDs (Ready-to-Drink)

Hydroxycut Max Aqua Shed Hydroxycut 24 and Hydroxycut Natural Hydroxycut Carb Control

## Speak Out

### Do you use dietary supplements? What kind and why?

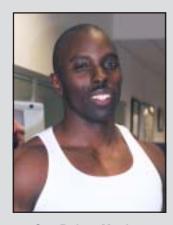
-By Laura Kreider USAG Vicenza Public Affairs



Sgt. Joseph Duehning
Co. C 1/503rd
"Yes, I believe you
should try to get the most
out of every work out;
supplements are another
way to help you do that."



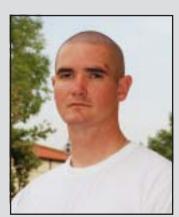
Beatrice Giometto
Outdoor Recreation
"I don't use any type
of supplement... After a
run or half marathon I
use Gatorade ... for
rehydration."



Sgt. Robert Mosley
14th Trans. Bn.
"Yes. It makes recovery
faster, and increases
gains, both in body
weight and weight lifted.
I only take whey protein."



Christina Salas
MWR
"No. I prefer to keep
my body and health all
natural. I just eat good
most of the time and
exercise."



Staff Sgt. Travis White
Co. A 2/503rd
"I use NOXPLODE,
GNC Creatine ... because
it gets my blood pumping
and helps get motivated to
workout after work."

# Garrison news

### **The Noncommissioned Officer**

### **PATTERNS OF SUCCESS**



Sgt. Jennifer Roux

Unit: AFN Vicenza

Current Position: Eagle

Morning Show deejay

**Age:** 31

Hometown: Carthage, Mo. Years in service: 4

What would surprise people about you: I hate talking and I'm not big on music ... kidding ... I'm really not a surprising person. What you hear is what you get.

Biggest mentor and why: Sgt. Maj. Len Harris. He showed me that if you want your Soldiers to succeed, first you have to show them tough love and second, you must lead from the front.

Your definition of an NCO: Someone who looks out for those around them, just like a parent would for a child.

List of major assignments/ deployments: 7th Mobile Public Affairs Detachment, Fort Hood, Texas; OIF 06-08 in support of the 1st Cavalry Division.

Advice for junior Soldiers? Knowledge is key. Learn all that you can, not only about your MOS but everything Army.

Reason for your success: My family. They toughed it out during my deployment and all my training. I have missed so many birthdays and holidays, yet they understand and support me.

Life's ambition: To make an impact on how the world views the American Soldier.

**Motto:** The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing. -- Albert Einstein

Visit the Army's Web site dedicated to the Year of the NCO at www. army.mil/Year of the NCO.



Ten Vicenza High School students, all of whom are in the top 10 percent of their class with grade point averages above 3.85, were welcomed into the VHS chapter of the National Honor Society May 6.

# Students inducted into honor society

Story and photo by LAURA KREIDER

Outlook Staff

During a ceremony held at the Club V's Veneto Room May 6 the Vicenza High School Chapter of the National Honor Society welcomed 10 new members.

The 2008-2009 NHS inductees are (from left): Mariana Capano, Jaqueline La Marche, Katie Lynch,

Wood, Kwanza Warren, Emelie Steck, Tere Dickens and Nina Lintz.

"These incoming students were selected because they were the top 10 percent with grade point averages above 3.85. Membership in the National Honor Society is one of the highest honors that our school gives a student," said Desiree Henry, NHS co-sponsor.

Henry said individuals selected for

Joshua Rizzo, Kolawole Awe, Kyle membership have demonstrated outstanding academic achievement, leadership, concern for others, and strength of character. The VHS chapter pledges to pursue learning, participate actively in school and community, and to act responsibly in all situations.

> "The induction ceremony was a great experience," said inductee Jacqueline La Marche. "Everything was wonderful right down to the cake."

### Mass casualty exercise stresses life, death consequences

continued from Page 1

Suddenly Castro found himself in the middle of a reality-based mass-casualty training exercise.

Castro rushed from the aid station toward the fake, yet unsettling sounds of agony from Soldiers pretending to have injuries.

"There's always an initial scramble, but after a minute you calm down and fall into your role," said Sgt. Jonathan Lopienski, a team leader in the platoon.

"Patients can come at any time," said Lopienski. "This teaches them that being a medic is a 24-hour job."

Lopienski said stress is important in a mass-casualty exercise because the way in which medics handle stress has a lifeor-death impact on patients.

"During the exercise, the NCOs add stress through off-topic questions and suggestions. This is designed to get them in the routine of tuning out distractions and focusing on their jobs," said Lopienski. "This way, when it really happens, they can deal with added stressors."

This was the platoon's third masscasualty exercise in Grafenwoehr. Lopienski said they make each successive exercise more complex by adding more patients and injuries.

As 1st Lt. Justin Thornburg provides neck stabilization, Maj. Matthew Hing (right), 1-503rd battalion surgeon, instructs Pfc. Scott Simpson (left) on how to treat a patient (Pfc. Jim Nguyen) with a possible spinal injury during mass-casualty training.

(Photo by 2nd Lt. Joey Fisher)



### The Outlook

SETAF-U.S. Army Africa Commander Maj. Gen. William B. Garrett III

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### At your service **Sleek My Ride**



Francesco Fanello owns and operates, along with employee Lopez Antonino, Sleek My Ride, a new hand car wash and detail business at the MWR Auto Skills

Their motto? "No brushes, no scratches!"

"We specialize in vehicle detailing, including upholstery steam cleaning, engine cleaning, interior and exterior cleaning," said Fanello, "and we have a special package for the PCS shipment of vehicles that must comply with very strict regulations."

Sleek My Ride is open Monday through Friday from 9 a.m.-5 p.m. and Saturday from 8 a.m.-noon.

Fanello and Antonino are pleased to invite the Caserma Ederle community to the May 20 grand opening. Food and beverages will be served.

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# **Community Camera**

### A snapshot of events making the news at USAG Vicenza...



### **A DELICATE BALANCE**

Vicenza Middle High School's **Army Junior Reserve Officer Training Corps members** participated in a biennial drill competition May 9. The cadets competed against four teams from Germany. Competitive events included regulation platoon drill, regulation squad drill, color guard and individual regulation drill, each of which are strictly controlled and in accordance with Army regulations. The team is commanded by Cadet Lt. Jayson Richard and includes cadets Sgt. Maj. Valerie Witzel, Staff Sgt. Melissa Myers, Sgt. Jessica **Holland, Privates 1st Class** Tresuan Lee, Sawyer Settlemire, **Justin West and Matthew** Calabrese, and Pvt. Haley Gilleran.

Photo by Laura Kreider



### **HEALTHY RELATIONS**

Photo by Laura Kreider

U.S. Army Africa Commander Maj. Gen. William B. Garrett III (center) greets Magda Maselli, a patient liaison at Vicenza's San Bortolo Hospital, during the annual barbecue with the hospital's Italian staff May 7. Also pictured (from left) are patient liaison Nancy Malone, USAG Vicenza Health Center Commander Col. Lorraine Breen, patient liaison coordinator Paul Marcucci and patient liaison Andrea Hargreaves.

# **Community events**

# FUN in the

Ladies enjoy the American Beach, just 2.4 miles from Camp Darby. The beach opens Memorial Day weekend and offers umbrellas and chairs, changing rooms, a pavilion, playground equipment, heated showers and snack and drink bars. The beach offers a secure setting to enjoy the summer sun and sea with safe parking and a guarded entrance.

Photo by Joyce Costello



# American Beach opens Memorial Day weekend

Bowling Center food concessionaire (Bldg. 305) - open Monday, Wednesday, Thursday, Friday, Saturday 11-9 pm, closed Tuesday and Sunday.

AAFES food concessionaire (Bldg. 725)- Monday to Saturday 7:30 a.m.-6 pm, Sunday 8:30 a.m.-2:30 p.m.

The Sea Pines Recreational Facilities offers deluxe and standard rooms, deluxe and rustic cabins, camp sites and RV spots. When planning your trip, be sure to contact the Sea Pines Recreational Facilities at DSN 633-7225 or CIV +39-050-547225 today.

For official duty, call the Casa Toscana 633-7580.

Drivig directions: Turn left at Camp Darby's main gate. Follow the fence line, then turn left onto Via Pisorno going toward Tirrenia. Ten yards before you arrive at the end, turn right toward Pisa onto Via del Tirreno. The American Beach is on the left across from signs for Hotel Villa Wanda. Note: The beach does not have a sign to mark its entrance.

### Darby's Asian Pacific celebrations set through May

Story and photo by **CHIARA MATTIROLO** USAG Livorno Public Affairs

There could be no better place than the Pvt. Masato "Curly" Nakae Square to host the cake cutting ceremony for the Asian Pacific Heritage month, said U.S. Army Garrison Livorno Commander Lt. Col.

The cake cutting by Cade was held at the Pvt. Masato "Curly" Nakae Square and marked the

remarks May 5.

Stephen Cade during his opening

kickoff of the Asian Pacific American Heritage Month celebrations at Camp Darby.

"Camp Darby's main square, in fact, was dedicated June 26, 2006, to the memory of Pvt. Masato "Curly" Nakae, a great Japanese American Soldier who sacrifice during World War II in the vicinity of Pisa with the 442nd Regimental Combat Team and the 100th Infantry Battalion (Separate)," said Cade. "Nakae was later awarded the Medal of Honor."



USAG Livorno Commander Lt. Col. Stephen Cade and Maria Lechuga, Asian Pacific American Heritage Committee president, cuts the cake that marked the kickoff of the celebrations the month-long heritage celebrations in PVT Masato "Curly" Nakae Square May 5.

Jamie Rasor, a School Age Services administrator assistant who is of Thai and German descent. She grew up in the U.S. and likes to share mixed traditions with her American husband.

"My mum runs a Thai fought, and paid his ultimate restaurant and she taught me the art of cooking. Now that I am married, I share the passion for cooking with my husband," said Rasor. Growing up in the U.S. with a different background was really challenging. I liked my experience and I want to share it with others."

> Asian Pacific Heritage month celebrations are a great opportunity to meet people of different cultures share unique experiences.

> "Camp Darby is a small community, although it is very diverse, it is nice to see people reaching out to share their experiences and knowledge," said Air Force Master Sgt. Shirley Perez-Acosta, 31st Munitions Squadron.

Editha Lucas, a family

member with a Filipino heritage, said "it is good to see the community coming together to share different cultures and to learn from each other."

The Asian Pacific American Heritage Committee president, Maria Lechuga, whose ancestors are from Mexico and the Philippines, said the celebrations will continue throughout the month of May.

"On May 20, there will be a lumpia wrapping party. All the secrets on how to prepare a great lumpia will be revealed at this occasion," said Lechuga. "Those who attend the wrapping party will have the opportunity to taste all three types of lumpias being made prior to the food tasting event."

The garrison will also host a food tasting May 28at the Darby Community Club.

"There is going to be a great variety of food, dancing and a contest, and prizes will be awarded to the winners. We hope the whole community will come and participate," she said.

### Get in shape with free noon classes

Looking to get into shape for no money at all?

Check out Eileen's list of classes. There's something scheduled almost every day of the week. ..and the best part is, it's free.

Call the Fitness Center for more information at 633-7440.

### ITR trips

■ Visit some of Rome's most famous sites at your own pace.

Start off in Vatican City, home of St. Peter's Basilica and Vatican Museum (where you'll find the Sistine Chapel).

Call ITR for more information at 633-7589.

### **Identity theft class**

Learn ways to protect yourself and your family from identity theft crimes at this May 15 class.

Call ACS at 633-7084 for details.

### **Darby Community Club**

■ Every Thursday is Karaoke Night at the Club. Stop singing in the shower

and impress your friends too. Fun starts at 6:30 p.m.

■ Need to say thanks? Bring your right arm/wing man to the Community Club on the third Friday of each

### **Darby Religious** activities

For details call the chapel at: 633-7267 (050-54-7267) 9:40 a.m.: Catholic

10 a.m.: Catholic Mass 11:15 a.m.: Protestant worship

Protestant Sunday school starts at 10.a.m.; Catholic CCD at 11:15 a.m. **Vacation Bible School** 

is coming in June.

Reconciliation

The chapel is collecting cardboard, robes, children's plastic swimming pools and cardboard rolls from paper towels and toilet paper.

**Catholic confirmation** is being planned in Vicenza for the first week of June.

Contact the Catholic education coordinator for details.

**Choir practice** is at 9:30 a.m on Sunday before Mass.

The congregation is in need of a cantor.

Talk to Chaplain Porter or Father Roberto to serve.

# Medieval fest hosts bow tournament



Photo courtesy of Montecchio Maggiore Historical Cultural Association

**TAKING AIM:** A May 17 medieval festival will feature a historical bow tournament at the Romeo and Juliet castle in nearby Montecchio Maggiore, about 12 miles west of Vicenza. See details in the briefs.

### Local festivals & events

### Bow tournament at Sunday Medieval fest

A Medieval festival is scheduled May 17 from 9 a.m. 8 p.m. in Montecchio Maggiore, about 12 miles west of Vicenza.

Events include a historical bow tournament at the Romeo and Juliet castle.

Shuttle buses depart from the parking lots of Piazza S. Paolo, Via Degli Alberi and Piazzale Ospedale for 1 euro per person.

### Spring into spring with weekend season fest

A spring festival is set May 16-17 in Camisano Vicentino, about 11 miles east of Vicenza.

There will be food booths and entertainment.

- May 16: 7:30 p.m. in Piazza della Repubblica, food booths and live music; 9 p.m., in Piazza Umberto I°, fashion show
- May 17: the Sunday open market will be extended until 7 p.m.; and at 9 a.m. in the Piazza Pio X, there will be a vintage car and motorcycle show; from 9 a.m.-6 p.m. in Piazza della Repubblica, there will be a 2<sup>nd</sup> American Cars Route 66 and Moto Riders Dakota Bikers rally.

### Area specialty bondola featured at festival

A bondola festival is set for May 16-17 in Torrebelvicino, about 18 miles nortweast of Vicenza.

Food stands will offer

bondola, a typical local product based on pork.

Live music and ballroom dancing scheduled Saturday and Sunday at 9 p.m.

### Rare plants displayed, for sale at exhibit

A flower exhibit is scheduled at Villa Da Schio May 16-17, 9 a.m.-8 p.m. in Costozza, Longare, Piazza G Da Schio, 4, 7 miles southeast of Vicenza.

Rare plants and flowers will be on display and at market. Also featured are Japanese garden art and design, paintings, patio furniture, free food tasting and live music.

### No time for museums? Visit at night

Enjoy a free night at area museums May 16. Many museums throughout Italy and Europe will be open late, allowing people who might not have the opportunity to visit museums during the day to discover the Italian artistic patrimony.

In the Vicenza province, the following museums will participate in this initiative:

- Museum of the Risorgimento and Resistance, in Vicenza, Viale Dieci Giugno, 115, 6 p.m.midnight;
- Archaeological and Natural Science Museum, in Montecchio Maggiore, Piazza Marconi, 15, about 12 miles west of Vicenza. 8:30 p.m.midnight. Free tasting of antique Roman dishes, 10 p.m.-midnight;
  - Diocesan Museum, in

Vicenza, Piazza Duomo 12; 10 p.m.-midnight;

- Natural History and Archaeological Museum, in Vicenza, Contrà Santa Corona, 4; 6 p.m.–midnight;
- Civic Picture Gallery of Palazzo Chiericati, in Vicenza, Piazza Matteotti, 37/ 39; 9 p.m.-midnight;
- Museo Radin (Via Crosara, 7), and Museo del Maglio (Strada privada del Molino, 6/A), Breganze, about 15 miles north of Vicenza from 8 p.m.-11:30 p.m.

### May wine festival set in **Breganze May 16-17**

A wine festival is set May 16-17 in Breganze, Piazza Mazzini, about 15 miles north of Vicenza.

There will be food booths, amusement park in Piazza degli Alpini at 8 p.m. and wine sampling and ballroom dancing at 9 p.m.

### Pea festival features local dishes May 16-17

The bisi (dialect for peas) festival is scheduled May 16-17 in Lumignano di Longare, 7 miles southeast of Vicenza.

Food stands, featuring the local "risi e bisi" (rice and peas, peas lasagna, polenta cheese, and sopressa (Vicentine salami), prosecco and other local wines open at 6:30 p.m. Lumignano's cherries and peas will be on sale. Live music and ballroom dancing will kick off at 9 p.m.

- May 16: At 7:45 p.m. there will be Caribbean and Latin American dances and an Argentine tango show
  - **May 17:** At 5 p.m. there

will be a folk band and in Rome; June 18 in Milan. majorettes exhibition; at 6:30 food stands open.

### Free concerts, exhibits & classes

■ ViArt – Arts and Crafts Exhibition and sale in Vicenza, Monte di Pietà Building, Contrà del Monte, Tuesday – Sunday 10 a.m. –7

This ongoing exhibition features the creations of the best Vicentine artisans.

The items on display are changed every four months.

- Painting Exhibit works by Gino Prandina ongoing through May 17, Monday – Friday from 4–7:30 p.m.; Saturday and Sunday from 10 a.m. – noon and 4–7:30 p.m., in Vigardolo, S. Maria Assunta Church, Vigardoletto, about 4 miles north of Vicenza.
- Tibet photo exhibition: Through May 30, Tuesday -Saturday from 9:30 a.m. -12:30p.m. and 2-6:30 p.m., in Dueville, Arnaldi Center, Via Rossi, about 10 miles north of Vicenza.

### Pay concerts & events

- Mamma mia (in English): June 15-20 in Forlì.
- Mingus Dinasty: May 15 in Vicenza, City theater.
- Yellowjackets: May 16 in Vicenza, Auditorium Canneti.
- Lenny Kravitz: June 5 in Rome; June 6 in Brescia; July 11 in Lucca. June 8 in Verona.
  - **Depeche Mode:** June 16

- **■ U-2: J**uly 7 in Milan.
- Anastacia: July 8 in Lucca; July 12 in Rome.

For details, visit your local ticket agent or www. ticketone.it/EN/Home.

### Outdoor Recreation

#### **ODR visits Pisa, Lucca**

Visit the famous Leaning Tower of Pisa and enjoy a stop in the walled city of Lucca. Shopping, eating, and picturetaking opportunities abound on this trip. Call 634-7453.

### Level III road bike ride

Enjoy stunning views and a close encounter with cycling heaven in Madonna di Ghisallo, located at the south of Lake Como, near Milan. Level III rides include multiple climbs and cover a distance of 35 to 40 miles. Call Outdoor Recreation at 634-7453.

### **SCUBA Certification in** Croatia May 18-25

Basic open water and assistant instructor SCUBA certification class runs May 18-25.

Weekday classes are run in the evenings at Outdoor Recreation. Call 634-7453.

### **Sporting Events**

Superbike World Championship: June 21 in Misano.

Road to World Boxing Championships 2009: July 10 in Milan, Italy vs. USA.

## Now Showing

### **Ederle Theater**

ı	l		
	May 14	Madea Goes to Jail (PG-13)	6 p.m.
	May 15	Street Fighter: Legend of Chun-Li (PG-13)	6 p.m.
		Watchmen (R)	9 p.m.
	May 16	Star Trek (PG-13)	3 p.m.
		The Last House on the Left (R)	6 p.m.
	May 17	Star Trek (PG-13)	3 p.m.
		Watchmen (R)	6 p.m.
	May 20	Miss March (R)	6 p.m.
	May 21	The Last House on the Left (R)	6 p.m.
		Camp Darby Theater	
	May 15	Pink Panther (PG-13)	6 p.m.
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May 15	Pink Panther (PG-13)	6 p.m.
May 16	17 Again (PG-13)	6 p.m.
May 17	Madea Goes to Jail (PG-13)	1 p.m.
May 21	Confessions of a Shopaholic (PG)	6 p.m

Admission: Age 12 and over \$4, under age 12, \$2. The Ederle Theatre box office opens one hour prior to show time.

Looking for the movie synopsis? Check out the AAFES Web site: www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

# **Community briefs**

### Pools open for summer fun May 20, 22

The Ederle Inn Pool is open Mon., Wed., Thurs., Fri,. Sat. and Sun. from 10 a.m.-6. p.m.; it is closed Tuesdays for maintenance

The CWSC pool in Villaggio opens May 20 for Safety Day and will be open weekly Tues. and Thurs. from 6-8:30 a.m. for water survival training and open by appointment only on these days.

The Villaggio pool is open for recreational swimming Tues., Wed., Thurs., and Fri. from noon-7 p.m. and Sat. and Sun. from 10 a.m. - 6 p.m.; it is closed Wednesdays maintenance.

### **Health Center closings**

Due to federal and training holidays, the Vicenza Health Center will be closed May 22 and 25; June 12 and 15; and July 3-6.

### CDC closure

The CDC Bldg. 398 will be closed May 22 so that staff may conduct annual training.

Children normally cared for in Bldg. 398 will be provided care at Bldg. 395. The hours are 6 a.m.-6 p.m.

Call Michelle Sterowicz at 634-5008 or Luca Harbeson at 634-8433 for details.

### SAS splashes at Aqualandia May 29

May 29 is the deadline to sign up for the June 6 SAS field trip toAqualandia.

This trip is for children in grades 1-6 who are registered with CYS Services. Call 634-8253 to register.

### Bowlopolis at the Arena

On May 28 the Arena delivers a night of Bowlopolis entertainment for the whole family. Enjoy funny characters, DVD giveaways, songs and competitions.

Call 634-8257 for details.

### SAS summer camp registration set June 1

Summer Adventure Sensation, the School Age Services (SAS) Summer Camp Program, will begin open enrollment June 1.

Enrollment will take place at SAS Bldg. 308. Summer camp booklets with a detailed camp description are available at all CYSS locations.

Call 634-8253 for more information.

### **Credit, debit services** may be interrupted

The veriphone system used by AAFES and FMWR facilities will be undergoing maintenance May 18-19.

service will be affected. While you may not be able to use your cards in these facilities, cash and checks will still be accepted.

### Get hired at May 20 community job fair

ACS and Employment Readiness will be hosting a community job fair May 20 from 11:30 a.m.-1:30 p.m. at the Davis Soldier and Family Readiness Center.

Hiring representatives from Vicenza Human Resources, AAFES, DoDDS, and more will be present.

This is a perfect opportunity for family members to meet the installation's hiring agencies and learn about the job opportunities on post. Bring copies of your resume and dress professionally. Call 634-7500 for more information.

### **ACS** offers free Welcome to Italy! class

The next Benvenuti class will be held May 19-22.

Call 634-7500 to make your reservation for this fun and free introduction to Italy class.

### May MOMS Club events

May 14: Toddler Playgroup

May 14: Craft Club from 10 a.m.- noon

May 15: Walk the Track at 10 a.m.

May 15: Infant Playgroup from 10-11 a.m.

May 18: MOMS Annual Spring Luncheon at 11:30 a.m.

May 20: Out-N-About Club at 9:30 a.m.

May **20**: Preschool Playgroup from 10:30 a.m. -

May 21: Craft Club from 10 a.m. - noon

### Job announcements

■ The Art Center is looking for someone with knowledge of woodworking and framing to fill a NAF flex position.

The position is approximately 15 hours per week. Submit resumes to CPAC or call 634-6597 for more information.

■ The Community Bank in Caserma Ederle is looking for a teller supervisor.

You can use the "Careers" link at www.DoDCommunity Bank.com for a detailed job description, the qualification requirements and to apply.

Candidate must be a U.S. citizen and a dependent of a U.S. service member or a DoD civilian stationed in Italy. Community Bank is an Equal Opportunity Employer.

### Military spouses honored May 20

The Art Center celebrates the

Credit card and debit card contributions our military spouses make every day on the homefront with a full day of refreshments, massages and wine May 20.

The wine class by Ca'Bruzzo will explain how vino is made and how to pair it with foods that will enhance the flavor of both.

Enjoy a five-minute chair massage and refreshments throughout the day.

Demonstrations include: 10-11 a.m. pottery

11-12 p.m. wine tasting 1-2 p.m. **framing** 

2-3 p.m. scrap booking 3-4 p.m. woodshop

The cost is \$5. Call the Art Center at 634-7094 for more information.

### Bring Back the 80's

Dig out your old 80's clothes and come sing 80's karaoke at the Arena, May 30 at 9 p.m.

There will be food and drink specials and prizes for best

### **Credit Union closed**

All Service Credit Union branch offices will be closed May 25 in observance of Memorial Day. Branch offices will resume normal hours of operation May 26.

### A variety of art center classes available

■ Learn the basics of pottery wheel throwing with a two-part class at the Art Center.

Part I takes place May 16 from 10:30 a.m. - 12:30 p.m. Part II takes place May 30. Sign up today. The cost is \$45.

■ Learn to make your own quilt during a one-day Beginner Quilting class May 16 from 8 a.m.-6 p.m.

### **SETAF Soldier, NCO of** year feted at banquet

Congratulate the new

SETAF Soldier and NCO of the Year and all competitors at 7 p.m.at the May 28 awards banquet.

The event will be held at the Agriturismo Cascina Mattarello, Via Gioranzan, Camisano Vicentino.

Cost is 20 euro per person. Attire is casual. RSVP by May at 635-4770 kevin.santos@eur.army.mil.

### Community Calendar Highlights

May 25 - Memorial Day ceremony at Florence American Cemetery

May 29 - Army Kids Strong May 29 - Adult College Graduation

June 5 - Friday at 5 p.m. Vicenza High School Graduation at Teatro Olimpico in downtown Vicenza (tickets required)

June 11 - Army's 234th Birthday, run and cake cutting

June 11 – Last Day of School June 12 Retiree Appreciation June 22 - Summer Enrichment program begins. Ends July 7

### May 20 Safety Day activities slated

The community is invited to take part in Safety Day activities May 20.

Starting at 6:30 a.m., Outdoor Rec is leading a bicycle ride from the chapel gate. Call 634-7543.

Mount up for the **Motorcycle Mentorship** ride. It leaves from the North 40 at 9 a.m. Call 634-6913 for details.

The Villaggio pool will open at 10 a.m. with swimming safety tips for the family. Also at 10 a.m., booths in front of the PX will offer tips on staying safe while working in summer heat, exercising and having fun with friends and family. Barbecue starts at 11:30

For details about Safety Day events, call 634-8109.

### Religious activities

### **Chaplain Crisis Line** To speak with a chaplain after hours call 634-KARE

### Saturday services

(634-5273).

4p.m.: Sacrament of Reconciliation, or by appointment.

5 p.m.: Roman Catholic

#### Sunday services

9 a.m.: Roman Catholic Mass. Mass is held weekdays at noon.

9 a.m.: Protestant Sunday school and AWANAs (Sept. through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School) 11a.m.: Protestant

worship 1:30 p.m.: Full Gospel

Pentecostal worship 4 p.m.: Lutheran worship 6 p.m.: Contemporary Christian service

### **Mondays**

Noon: LDS Scripture

5:30 p.m.: High School Club in the Teen Center.

Contact Jocelyn Cary at 634-7890, 349-385-3476 or vicecb@yahoo.com.

### Tuesdays

9:15 a.m.: Protestant Women of the Chapel

### Wednesdays

Noon: Protestant Men of the Chapel Bible study (at DFAC)

3 p.m.: Praise Dance practice

3:30 p.m.: Middle School club meets in VHS cafeteria Sept-May.

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study

### **Thursdays**

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

### Faith group contacts Islamic: Spc. Kasimov,

329-034-3511 Jewish: Sandy Schoenberg at 634-6202 or sandv.schoenberg@eur.

armv.mil. Latter Day Saints: Scripture study is held each Monday, noon-1 p.m. at the Chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities.

Peterson at 335-8219492.



Photo by Laura Kreider

AND THE WINNER IS Installation Material Maintenance Activity, U.S. Army Garrison Vicenza, Italy in the Army-wide Award for Maintenance Excellence U.S. Army Installation Management Command (small unit) category. IMMA Production Controller Roberto Ambrosini (right) reviews records with Chief Warrant Officer Michael Mixon, AAME inspector (left), and Robert Vachon, GENCO Infrastructure Solutions, Fort Lee, Va., during the April 2 inspection.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon Monday or by Friday at 4 p.m. if Monday is a holiday.

# Cougars sweep two from Saints

**by PETE HULLER** 

Special to the Outlook

f Micky Stoner is a little sore getting out of bed following the Vicenza High School baseball team's two wins against Aviano, there is ample

Stoner pitched a complete game victory and hit three doubles and three singles to lead the offensive juggernaut in 15-8 and 10-5 victories during the May 9 game.

"I just tried to hit the ball hard and throw strikes," said Stoner, aka Mongo. "These were team victories, all the way."

While the first game was well in hand following a crushing 7-run first inning, the Cougars rallied in the second game to eclipse a 4-1 deficit with an 8-run third inning.

The Cougars stroked 22 hits in the two games and played error-free baseball in game two.

Contributing to the offense were Nick Williams with five hits, and Trevor Rice and Jeremy Huller, who had three hits each. Trevor Rice started game two and pitched well, with Shakael Skeete coming on in relief to earn the victory.

allowing just one hit and no walks in almost two innings.

The game represented both pitchers first outings of the season.

Coach Mark Wilson was pleased with the teams continued solid performance.

"Today's games were important more for the momentum we'll carry into the

Skeete pitched extremely well, European Championships, though it was nice to win all four games against Aviano."

> The Cougars won five of their last six games to close out their inaugural regular season. The team travels to Kaiserslautern May 20 to play against Rota (Spain), AFNORTH, Hohenfels and Sigonella. Go Cougars!



Jeremy Huller hits the ball during an April 18 game against the Aviano Saints April 18. Huller got the second win allowing just one hit and no earned runs in three innings while striking out four batters. The Vicenza High School Cougars beat Aviano twice, 13-8 and 18-4, during the weekend home openers.

# CYS baseball, softball teams off to good start



Photo by Laura Kreider

CYS junior team member Alessandro "Alex" Cruz pitches during a game against the Aviano team at Caserma Ederle's baseball field next to the Ederle Inn May 9.

Story and photo by LAURA KREIDER Outlook staff

Vicenza's junior team, the Inferno's, defeated Aviano 7-6; the junior softball team defeated Aviano 11-9 May 9.

"The baseball season is going great now that the rain has stopped," said Georgia Salyer the Vicenza CYS Sports and Fitness director. "It was very challenging to hold indoor practice for 17 teams in the limited gym space on post.

"We currently have 17 teams playing baseball, and in our 8 to 9-year-old league we have an

Italian mini baseball team that plays one of our teams each Friday night in Villaggio at 6 p.m.," said Salyer.

Both the baseball and softball teams also play local Italian teams twice during the season at the Palladio stadium. The softball team has won all their games so far, while the baseball has one loss.

"Finally, we have our Ragazzi team that is 100 percent American children but is playing in the local Italian league," she said. "They play most of their games on Sundays, and the Ragazzi team is improving each week."

### **President challenges Americans to live an active, healthy life—for free**

U.S. Army Health Center Vicenza

Good health involves healthy eating and exercise.

May kicks off the "2009 National President's Challenge – Be Active Your Way."

From May 1-July 24, Americans are encouraged to make changes to be active every day. Register for this free program at www.presidentschallenge.com. There are guidelines for getting started for children, teens, adults and seniors. Register before May 29 to get started.

"If you're not active now—at least 30 minutes, five days

per week for adults and 60 minutes per day for children ages 6-18—this is a great way to start to make changes for a healthier lifestyle and have some fun doing it," said Barb Schneider, a dietician at the Vicenza health center.

"Participation can be as an individual or as a group. Maybe getting together as an FRG or group of neighbors would be a fun way to participate," suggested Schneider.

"If you're already leading an active lifestyle," she said "it's a good opportunity to see if there are improvements you can make to what you're already doing."

#### **S**tandings Sports

### **Recreational Tennis Match Scores**

### <u>May 4</u>

Regina Schreiber 8 vs. Emily Ward 3 (I) Bedim Tiziamo 8 vs. Eric Smith 1

### May 5

Jacob Schreiber 8 vs. Tamarin McCartin 0 Regina Schreiber 8 vs. Kenneth Jones 1

### <u>May 6</u>

Regina Schreiber 8 vs. Eva Cuello 1 Marc Clauda 8 vs. Eric Smith 6

### Soldiers' Softball

**May 11** 

14th Trans vs. HHD 509th Sig Bn. SETAF vs. USAHC

### May 13

USAHC vs. 14th Trans HHD 509th Sig Bn vs. SETAF

### **High School Track**

**May 11** 14th Trans vs. HHD 509th Sig Bn. SETAF vs. USAHC

Kudos to USAG-Vicenza's Sgt. Sonia Hernandez, U.S. Army Health Center. Hernandez was selected to attend the All Army Volleyball trial camp, May 11.

If selected, she will represent the Army in the Armed Forces Volleyball Championship in North Carolina June 3-10. If selected there she will represent the Armed Forces at the CISM June 20-30 in Rio De Janeiro, Brazil

#### Swim team coaches needed

The Mako Sharks community swim team is looking for adult volunteers interested in coaching a competitive swim season through out the summer and/or fall 2009-2010.

If you would like to spend time mentoring children between ages 6-19, contact Cindi Unger at cindi.unger @us.army.mil or Arlana Young at arlanayoung@hotmail.com.

Swim season for the PO team begins June 6 with swimmer assessments at the outdoor pool in Villaggio.

#### **Softball Teams Forming**

Enjoy the summer fun of softball. Teams are forming now. On May 19 and June 2 at 6 p.m., the Sports office will hold a meeting for interested coaches and players.

Male and female are welcome to join. Call 634-7009.

### Don't miss the track meet

The annual middle school track meets will take place May 18 for 7-graders; May 20 for 8th and May 22 for the middle schoolers (championships).

Meets take place 1:30 - 3 p.m. at the post football field/ track. Adult volunteers are needed. Please see a PE teacher or visit the front office to enlist. Students compete in sack race, standing long jump, softball throw, relays and sprints. The public is invited.

### **Memorial Day softball** tournament

Sign up to join the Memorial Day Softball Tournament May 22-24. Awards will be given for placing individuals and teams. Call 634-7009.

### **Youth Soccer Enrollment**

CYSS announces early bird enrollment for Youth Soccer -June 1-5. To enroll at this time, you must show proof that you will not be in Vicenza during the regular enrollment period - July 13-Aug. 7. Call 634-6151.

### Sports office seeks aqua aerobic instructor

The USAG Vicenza Sport and Fitness Office is looking for certified aqua aerobics instructors. Call Joe Reeder at 634-5181 or 0444-71-5181.

### Italian vs. American ladies basketball

Ladies Sports, Fitness and Aquatics program is looking for ladies over 35 to participate in a basketball game with host nation ladies May 31 at 3 p.m. Call 634-7009 to sign up.